

Wrestler's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Weight: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Insurance Policy: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Pre-existing Medical Conditions or Injuries:  
\_\_\_\_\_

Camp and Outdoor Mixer \_\_\_\_\_ \$60.00\_

Outdoor Mixer Only \_\_\_\_\_ \$25.00\_

We as parent/guardian of the above named child

grant our consent and permission to attend and participate in all activities of the Shelby Wrestling Camp. We release the hold and harmless the camp, clinicians, the University and Shelby Schools. We realize that wrestling is a contact sport and injuries occur. We give authorization for medical treatment of the above named child. We have our own insurance.

Parent Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Please Make Checks Payable To:**

**SHELBY PUBLIC SCHOOLS**

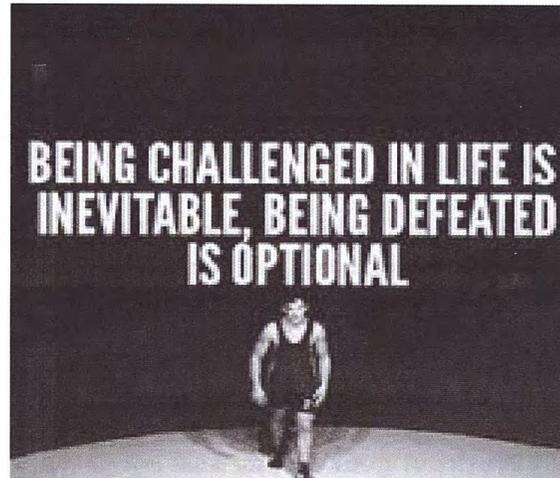
Attn: Thad White

1001 Valley St.

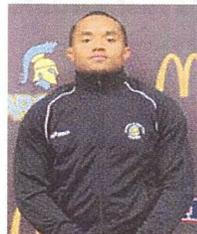
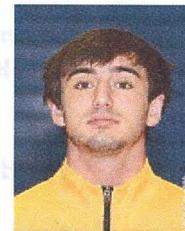
Shelby, MT 59474

814-931-7758 (cell)

thad.white@shelby.k12.mt.us



Featuring Coach Caleb Schaeffer and Wrestlers Casey Dobson, Shonn Roberts, and Michael Ayala of the Great Falls University Argos

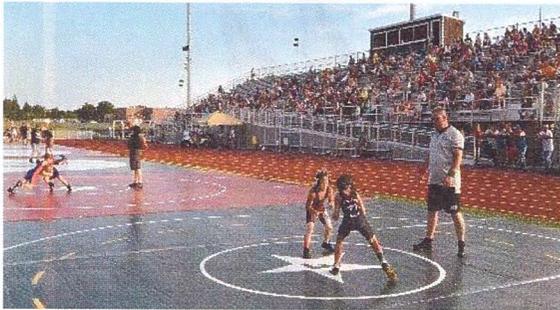


## **SHELBY COYOTES WRESTLING CAMP AND OUT- DOOR MIXER**

JUNE 8-9, 2017

**FEATURING:  
THE GREAT FALLS UNIVERSITY  
ARGOS**





## Camp Schedule

### June 8th—Thursday

- 8:00-9:00 **Registration**
- 9:00-9:30 **Welcome/Introductions/Warm-ups**
- 9:30-11:00 **Session 1 (Leg Defense)**
- 11:00-1:00 **Lunch**
- 1:00-2:30 **Session 2 (Neutral Position)**
- 2:30-3:00 **Activity**
- 3:00-4:30 **Session 3 (Bars and Tilts)**
- 4:30-5:00 **Activity**

### June 9th—Friday

- 8:00-8:30 **Warm-ups**
- 8:30-10:30 **Session 4 (Granby Series)**
- 10:30-11:00 **Closing Remarks and Activity**

**NO MIDDAY ACTIVITIES PLANNED**

**ENJOY SHELBY, MT!!!**

**8:00pm Weigh-ins and Mixer Registration**

**9:00pm Mixer on the Football Field (Under the Lights)**

## Camp Cost

**\$60.00** payable to **SHELBY PUBLIC SCHOOLS**.

Cost includes: T-shirt, high quality instruction, outdoor mixer registration.

### What To Bring:

- **Wrestling shoes and head gear**
- **Workout gear** (both for inside and outside)
- **Water bottle**
- **Singlet and warm-ups for the Mixer**
- **Winning Attitude!**

### Accommodations:

This is a commuter camp but there are many hotels to choose from in Shelby

### Food:

There is ample time for lunch and to visit some of Shelby's restaurants and shops

### Ages:

This camp is for 10 and older.

### Mixer Weights For Ages 10-13

40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 150, 165, 185, **HWT**

### Mixer Weights For Ages 14-19

103, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 205, **HWT**

(Weight classes may be combined depending upon registration numbers)

### Matches

**Ages 10-13** 1min-1min-1min

**Ages 14-19** 2min-2min-2min

### Registration Fees For The MIXER

<b>Camp Attendee</b>	<b>FREE</b>
<b>Outdoor Mixer Only</b>	<b>\$25.00</b>

**Note: If you are only interested in the Mixer, please fill out the registration form and mail it to us. Pre-registration is requested but not required.**

**Wrestlers may register at 7:00pm June 9th. Weigh-ins start at 10:30am.**